

Spectrum Sports  
Introduces

# SUMMER EXCITEMENT CAMPS

2010

Spectrum Sports is a children's facility with a base instruction of gymnastics and features tumbling, cheerleading and hip hop. Spectrum's quality staff wants to motivate BOYS & GIRLS into being physically active and at the same time having fun!

## 5 DAY - VARIETY CAMP

Small achievable progressions will be used to learn gymnastics skills. Swing on bars, climb ropes, cargo nets, walk on beams and cartwheel through obstacle courses. The variety continues with games such as Flashlight Tag & Hunter. Favorites will include water games & balloons, scavenger hunt, trampoline, trapeze and special crafts. We always add Surprises!!!

This is a dream week for the physically active child and a must for the inactive child to explore the rewards of being active!!!!

June 14-18	12:30-4:00	4-12 yrs
June 21-25	12:30-4:00	4-12 yrs
July 12-16	12:30-4:00	4-12 Yrs
July 26-30	12:30-4:00	4-12 yrs

Bring Small Lunch & Drink \$100.00

## 3 DAY - CHEER CAMP

Jump-chant-tumble-stunt-cheer! A technique based camp, for correct arm positions, voice projection, jumps and progressive tumbling. Learn a cheer, chant and dance. Get prepared for a squad or just have fun. Cheer/tumble to new heights, by starting today for the future.

July 28-29-30	1:30-4:00	10 - 15 yrs	\$45.00
August 2-3-4	1:30-4:00	6 - 9yrs	\$45.00

## 3 DAY - TUMBLE

Guys and Girls will have a blast. Take tumbling to new heights. Utilize the tumble track and tramp as training apparatus.

Participants must have Cartwheel & Handstands. Groups will be divided by ability.

July 21-22-23	2:30-5:00	9yrs & up	\$45.00
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## 2 DAY - HIP HOP/POM DANCE

Exciting, creative technique based dance camp. Learn the newest moves for hip hop and pompon. The awesome music brings it all together. Dance to exercise, for fun, or prepping to join a dance team. Make new friends or bring a friend, just come and join us. It's contagious excitement!

June 10 & 11	12:30-2:30	9 - 13 yrs	\$25.00
July 22 & 23	12:30-2:30	6 - 10 yrs	\$25.00
July 29 & 30	12:30-2:30	12yrs & up	\$25.00

**HAVE A GROUP OF 5 OR MORE AND WOULD LIKE TO ARRANGE A SPECIAL ACTIVITY TIME!!!**

**CALL 587-1503**

Spectrum Sports  
138 W. Carmel Drive  
Carmel Indiana 46032

Detach and Mail With Full Payment

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PARTICIPANT'S NAME		CONTACT #		ALTERNATIVE #	
ADDRESS		ZIP		B-DAY	AGE
Circle 5 Day <b>VARIETY</b> Camp Attending (\$105):	June 14-18	June 21-25	July 12-16	July 26-30	
Circle 3 Day Camp Attending (\$45):	Cheer...July 28-29-30	Cheer...August 2-3-4	Tumble...July 21-22-23		
Circle 2 Day Camp Attending (\$25):	Hip Hop/Pom Dance...June 10 & 11	Hip Hop/Pom Dance...July 22 & 23	Hip Hop/Pom Dance.... July 29 & 30		

- I understand that participating in any movement activity involves risks. I hereby release, acquit and discharge Spectrum Sports employees and owner from any action resulting in injury due to participation in activities that I have signed my child up to participate at Spectrum Sports

PARENT'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_