

# "FREE"

# CHEER & DANCE WORKSHOP

Are You Interested In  
Competitive Cheer or Competitive Dance?

Sunday.....May 16<sup>th</sup>

Pom/Hip Hop 6-9yrs.....1:00-2:00

Cheer for 6-10yrs...2:00-3:30

Pom/Hip Hop 9-13yrs...3:30-4:30

Cheer for 10 & up...4:30-6:00

Pom/Hip Hop 13 & up...6:00-7:00

Adv. Cheer (req. RO 2 BHS) 7:00-8:30

- You can sign up for either disciplines or both, you choose!
- Pom/HipHop, learn movements that are choreographed into a dance
- Cheer, learn motions, jumps, tumbling introduction to stunting
- Adv Cheer, tumbling, stunting and choreographed routine

☺ Apparel, wear shorts, T-shirt and tennis shoes.

☺ Call to reserve your spot.....587-1503

Information will be available after workshop for

*Static Dance & Shock Cheer*